



MCS Breakfast Menu-October 2021



	Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Daily Milk Choices:</i> White 1% Milk Chocolate FF Milk</p> <p><i>*Menu options are subject to change without notice*</i></p> <p>BREAKFAST IS SERVED FROM 7:30 UNTIL 8:00</p>					1 Banana Muffin Cheese stick Pear Cup Orange Juice
	4 Breakfast Ring Cheese stick Fresh Fruit Fruit Juice	5 Cereal Bar Yogurt Apples Orange Juice	6 Pastry, Cinnamon Toast Crunch Fresh Fruit Cheese Stick Orange Juice	7 Ring Pack Cheese Stick Applesauce Fruit Juice	8 Banana Muffin Egg Pop Peach Cup Fruit Juice
	11 NO SCHOOL! Teacher Work Day!	12 Strawberry Pop Tart Cheese Stick Apple Slice Fruit Juice	13 Donut Stick Cheese Stick Fresh Fruit Fruit Juice	14 Breakfast Ring Cinnamon Toast Crunch Cheese Stick Applesauce Fruit Juice	15 Banana Muffin Egg Pop Apple Slice Pear Cup
	18 Breakfast Ring Cheese Stick Fresh Fruit Fruit Juice	19 Cinnamon Toast Crunch Cereal Bar Yogurt Apple Slice Fruit Juice	20 Pastry, Cinnamon Toast Crunch Cheese Stick Fresh Fruit Fruit Juice	21 Ring Pack Cheese Stick Cinnamon Applesauce Fruit Juice	22 Banana Muffin Egg Pop Peach Cup Fruit Juice
	25 Breakfast Ring Cheese Stick Fresh Fruit Fruit Juice	26 Strawberry Pop Tart Cheese Stick Apple Slice Fruit Juice	27 Donut Stick, Cinnamon Toast Crunch Cheese Stick Fresh Fruit Fruit Juice	28 Breakfast Ring Cinnamon Toast Crunch Cheese Stick Applesauce Fruit Juice	29 Banana Muffin Egg Pop Apple Slice Pear Cup

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<p><i>Daily Milk Choices:</i> White 1% Milk Chocolate FF Milk</p> <p><i>*Menu options are subject to change without notice*</i></p> <p><i>*WOW Butter is a soy butter and jelly sandwich offered daily*</i></p>					1 Chicken Sandwich Crunchy carrots Green Beans Fruit Juice
	4 Bosco Cheese Sticks Marinara Sauce Roasted Broccoli Fruit Juice	5 Chicken and Rice Roll Green Beans Fresh Orange	6 Beef Taco Nachos Tossed Salad Pinto Beans Watermelon Applesauce	7 Popcorn Chicken Roll Cheese Potatoes Sweet Peas Mixed Fruit Cup	8 Cheeseburger Crunchy Carrots Corn Fruit Juice
	11 NO SCHOOL! Teacher Work Day!	12 Chicken Teriyaki Rice Pilaf Stir Fry Vegetables Mandarin Oranges	13 Cheeseburger Seasoned Green Beans Potato Smiles Cinnamon Applesauce	14 Chicken Tenders Donut Bites Baked Beans Cucumber & Tomatoes Baked Beans Peach Cup	15 Chicken Bites Roll Crunchy Carrots Mixed Vegetables Fruit Juice
	18 Lasagna Breadstick Roasted Broccoli Fruit Juice	19 Chicken Sandwich Chef Salad Stir Fry Veggies Fresh Grapes	20 Cheesy Nachos Tortilla Chips Seasoned Vegetables Blue Raspberry Applesauce	21 Mini Hot Dogs Cole Slaw Baked Beans Pear Cup	22 Chicken Sandwich French Fries Crunchy Carrots Fruit Juice
	25 Mac. & Cheese Chicken Bowl, Breadstick, Roasted Vegetables Tomatoes, Juice	26 Tangerine Chicken Fiesta Rice Roasted Broccoli Mandarin Oranges	27 Pork Sandwich Cole Slaw Baked Beans Strawberry Applesauce	28 Shepherd's Pie Roll Mixed Vegetables Fruit Cup	29 Chicken Sandwich Crunchy Carrots Green Beans Fruit Juice